

October 2018

## **Lydia Wardin, PsyD**

Chicago Center for Cognitive Wellness (CCCW)  
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### **PROFESSIONAL LICENSE**

State of Illinois, Licensed Psychologist, Number 071009599

### **EDUCATION**

**Adler University:** Chicago, IL      September 2009–August 2015

PsyD, August 2015

APA Accredited Program

Concentration in Neuropsychology

Doctoral Dissertation: *Classification Accuracy of the Wisconsin Card Sorting Test (WCST) in Detecting Noncredible Cognitive Performance in Neuropsychological Outpatients*

Dissertation Chair: Douglas Whiteside, PhD, ABPP-CN

**University of Iowa,** Iowa City, IA      August 2005–May 2009

Bachelor of Sciences in Psychology

### **PROFESSIONAL EXPERIENCE**

**Chicago Center for Cognitive Wellness (CCCW),** Chicago, IL      September 2017–Present  
Staff Neuropsychologist

- Conduct comprehensive neuropsychological evaluations for adult and geriatric outpatients with various neurological and psychiatric disorders.
- Provide individual outpatient psychotherapy and used evidence-based treatments for individuals with comorbid neurological and psychiatric conditions.
- Provide cognitive rehabilitation therapy using compensatory strategies to improve functional abilities.

## SUPERVISED CLINICAL EXPERIENCE

**McLean Hospital, Harvard Medical School, Belmont, MA**      September 2015–August 2017  
Neuropsychology Fellow

*Supervising Neuropsychologists: Donald Davidoff, PhD; Allen Schiller, PhD; Lydia Cho, PhD; Julie Brody, PsyD; Elisabeth Moes, PhD, ABPP-CN*

- Provided supervised neuropsychological and psychodiagnostic comprehensive evaluations for adult and geriatric outpatients with various neurological and psychiatric disorders.
- Conducted supervised inpatient neuropsychological evaluations for geriatric inpatients with neurodegenerative and psychiatric disorders.
- Conducted inpatient neuropsychological and psychodiagnostic evaluations for hospital wide consultation-liaison service.
- Consulted with interdisciplinary team and attend clinical rounds for the Memory Disorders Clinic, Neurology Service, and Geriatric Neuropsychiatry Unit.
- Taught psychiatry residents the basics of neuropsychological evaluation.
- Provided supervised supervision to first year neuropsychology fellows.
- Participated in seminars with topics related to neuropsychology, projective testing, neuroradiology, neurology, internal medicine, and psychopharmacology.

**Coatesville VA Medical Center (CVAMC), Coatesville, PA**      September 2014–August 2015  
**APA-Accredited**

Neuropsychology Track Intern (Meets Division 40 Training Guidelines)

*Training Director: Edward Moon, PsyD*

Neuropsychology Rotation

*Supervising Neuropsychologists: David C. Tsai, PhD, ABPP-CN; Benjamin T. Gliko, PsyD, ABPP-CN; Donald Dow, PhD*

- Conducted comprehensive inpatient and outpatient neuropsychological evaluations for adult and geriatric veterans.
- Received referrals related to neurodegenerative disorders, acquired neurological impairment (TBI, CVA, and SCI), seizure disorders, learning disorders/ADHD, psychiatric disorders (PTSD, substance abuse, mood disorders, serious mental illness, and personality disorders), competency and vocational evaluations.
- Conducted clinical interviews, administered neuropsychological measures, interpreted and conceptualized findings into integrated reports, provided patient feedback, and consulted with referring providers.

- Conducted OEF/OIF polytrauma assessments and participated in multidisciplinary treatment team meetings.
- Provided cognitive rehabilitation therapy using compensatory strategies to address areas of cognitive weakness and improve functional abilities.
- Engaged in extensive weekly supervision, which included observation, and discussion of neuropsychological cases.
- Participated in weekly neuropsychology didactics with topics related to neuropsychological research and assessment, functional neuroanatomy, and ABPP fact-finding/case conceptualization.

#### Outpatient Psychotherapy

*Supervisors: Kristine Sudol-Reagan, PsyD; J. Andrew Kerr, PsyD*

- Provided long-term individual outpatient psychotherapy to veterans and used evidence-based treatments for individuals with comorbid neurological and psychiatric conditions (e.g., PTSD, TBI, and substance abuse).

#### Psychological Assessment Rotation

*Supervisor: Donald Dow, PhD*

- Conducted comprehensive psychological and personality assessments, which included conducting clinical interviews, administering and scoring measures, writing integrated reports, and providing feedback.

#### Primary Care Psychology Rotation

*Supervisor: Bernadette Hayburn, PsyD*

- Provided functional assessments, psychoeducation, individualized evidence-based treatment, triage and treatment planning for outpatient medical patients with chronic medical problems (i.e. Parkinson's disease, ALS, cancer) and mild psychiatric disorders.
- Led psychoeducational groups for chronic pain management.
- Provided feedback to an interdisciplinary treatment team of Primary Care professionals.

#### Biofeedback Rotation

*Supervisor: Ronald Pekala, PhD*

- Conducted intakes and brief assessments on veterans referred to biofeedback clinic.
- Led stress management/relaxation groups involving breathing retraining, coping skills training, frustration/anger management, and visualization training.

**Adler Community Health Services (ACHS), Chicago, IL**

September 2013–June 2014

Neuropsychology Extern

*Supervising Neuropsychologists: Douglas Whiteside, PhD, ABPP-CN; Linda Rice, PhD, ABPP-CN*

- Conducted outpatient neuropsychological evaluations for children, adolescents, adults, and geriatric patients from varied socioeconomic, ethnic, and cultural backgrounds.
- Answered referrals that included the assessment of differential diagnosis, treatment recommendations for traumatic brain injury, learning disorders/ADHD, seizure disorders, psychiatric disorders, neurological disorders, and dementia.
- Administered, scored, and interpreted neuropsychological test batteries. Conducted feedback sessions, and wrote integrated neuropsychological reports under supervision with a one-week turnaround time.
- Provided peer supervision on neuropsychological evaluations by assisting in supervision with case conceptualization, data interpretation, and report writing.
- Maintained administrative responsibilities including scheduling, coordination of care, and managing client financial issues.
- Contacted, networked, and developed relationships with referral sources.
- Assisted in drafting HIPAA forms and informed consents for the ACHS neuropsychology program.

**University of Illinois at Chicago (UIC)**

May 2012–June 2013

**Neurology and Rehabilitation, Chicago IL**

Advanced Doctoral Clinical Neuropsychology Extern

*Supervising Neuropsychologist: Linda Laatsch, PhD*

- Provided outpatient neuropsychological evaluations for children, adolescents, adults, and geriatric patients.
- Provided psychological and neuropsychological evaluations for patients on a 20-bed acute inpatient rehabilitation unit.
- Received referral sources from physical medicine, neurology, psychiatry, neurosurgery, somnology, oncology, social work, speech therapy, and occupational therapy. Common referral issues included assessment of dementia, cerebrovascular accidents, traumatic brain injuries, intellectual disabilities, seizure disorders, psychiatric issues, brain tumors, attention deficit disorder, and learning disorders.
- Conducted psychotherapy and taught psychoeducation, relaxation techniques, and compensation strategies to patients on inpatient rehabilitation unit. Typical treatment issues included: stroke rehabilitation, spinal cord injury rehabilitation, traumatic brain injury, multiple sclerosis, arthritis, loss of limbs, cardiac and pulmonary patients, status post brain tumor resections, and psychiatric issues.

- Worked as a part of a multidisciplinary team, consisting of nurses, physicians, physical therapists, occupational therapists, nutritionists, social workers, and speech pathologists.
- Provided cognitive rehabilitation to adult and child patients. Helped patients cope and strategize ways to adapt, improve, or compensate for their cognitive changes. Served as a motivator and coach to encourage patients during their rehabilitation process. Used manualized treatment and cognitive rehabilitation software to teach clients internal and external compensatory skills.
- Participated in weekly neuroanatomy seminars and neuropsychology grand rounds.
- Engaged in extensive supervision with interviewing clients and their family members, providing feedback sessions to clients and their family members, report writing, conceptualization, and providing cognitive rehabilitation.

**Neuropsychology Practice**, Chicago, IL

March 2012–August 2013

Neuropsychology Extern

*Supervising Neuropsychologists: Douglas Whiteside, PhD, ABPP-CN; Linda Rice, PhD, ABPP-CN*

- Provided outpatient neuropsychological evaluations in a private practice setting for children, adolescents, and adults.
- Received diverse referral issues including head injuries, learning disorders, seizure disorders, attention deficit disorders, and cerebrovascular accidents.
- Conducted disability evaluations for the social security administration. Typical referral questions included assessment of level of functioning, ability to return to work, differential diagnosis, and ability to care for self.
- Engaged in supervision in interviewing, providing feedback, report writing, and conceptualization.
- Provided peer supervision to less advanced neuropsychology students and assisted them with administering tests, interpreting data, and writing neuropsychological reports.
- Assisted in organizing the private practice by orchestrating the organization of testing materials, and printing and filing all paperwork for the practice (informed consents, interview forms, fax cover sheets, HIPAA notice, authorization for release of records, testimony and deposition agreement, and intake forms).

**Will County Health Department**, Joliet, IL

September 2011–May 2012

Doctoral Psychotherapy Extern

*Supervising Psychologist: Rita Gray, PsyD*

- Provided weekly individual therapy, family therapy, case management, and medication monitoring for children, adolescents, and adults in a community mental health setting.

- Received referral sources from parents, probation officers, psychiatrists, social workers, case managers, and primary care physicians.
- Worked with clients with presenting problems that included anger, gang involvement, learning disorders, substance abuse, depression, anxiety, bipolar disorder, attentional difficulties, impulsivity, family discord, conduct disorder, trauma, and abuse or neglect.
- Collaborated with teachers, psychiatrists, and probation officers regarding treatment planning and diagnostic clarification.
- Administered mental health assessments and mental status examinations.
- Attended and presented at weekly case presentations regarding assessment and therapy cases.

**John J. Madden Mental Health Center**, Hines, IL

July 2010–June 2011

Doctoral Diagnostic Extern

*Supervising Psychologist: Teresa Neeliyara, PhD*

- Worked in fast-paced inpatient psychiatric hospital setting, which treated those who were in acute crisis and those with chronic mental illness.
- Completed assessment batteries for personality, cognitive, neuropsychological, and intellectual disability referrals. Collected, interpreted, and integrated all data into a comprehensive report with a week turnover deadline.
- Worked on an inpatient psychiatric unit with patients with severe mental illness presenting with a variety of disorders such as: psychosis, personality disorders, bipolar disorder, posttraumatic stress disorder, anxiety, depression, schizophrenia, substance abuse, attention deficit disorder, learning disorders, and dementia.
- Collaborated and consulted with multidisciplinary team and attended daily unit rounds.
- Attended grand rounds regarding psychiatric diagnoses, co-morbid diagnoses, psychological interventions, psychopharmacology, and neurological conditions.

### **RESEARCH EXPERIENCE**

**Adler School of Professional Psychology**, Chicago, IL

September 2012–November 2013

Manuscript Reviewer for the *Journal of International Neuropsychological Society* and *The Clinical Neuropsychologist*

*Supervisor: Douglas Whiteside, PhD, ABPP-CN*

- Reviewed research manuscripts under supervision.
- Provided written critical reviews on the grammar, design, methodology, statistics, and conclusions of the study.

**Adler School of Professional Psychology**, Chicago, IL

October 2011–November 2013

Neuropsychology Research Lab

Lead Research Assistant

*Supervisor: Douglas Whiteside, PhD, ABPP-CN*

- Assisted in managing and expanding a large neuropsychological database comprised of children and adult patients.
- Supervised student access to the database, organized times for students to do data entry, and provided requested datasets for student's research projects.
- Organized, coordinated, and prepared research meetings.

**The University of Iowa**, Iowa City, IA

September 2008–May 2009

Research Assistant

Structure of Psychopathology and Personality, and Assessment Construction

*Supervisor: David Watson, PhD*

- Performed literature searches on various personality theories and assessments and completed data entry on scale development projects.
- Obtained consent, proctored studies, and debriefed participants on a bi-weekly basis.
- Reported, recorded, and solved complications during experimental sessions.
- Recruited and answered questions for participants in a clinical community sample.

## **Publications**

Whiteside, D., Kogan, J., **Wardin, L.**, Phillips, D., Franzwa, M.G., Rice, L., Basso, M., & Roper, B. (2015). Language-Based Embedded Performance Validity Measures in Traumatic Brain Injury. *The Journal of Clinical and Experimental Neuropsychology*, 37, 220-227. doi:10.1080/13803395.2014.1002758

**Wardin, L.** (2012). Homeless Women's Utilization of Health Care. *Praxis*. (Student publication of Adler School of Professional Psychology).

## **Presentations**

- **Wardin, L.**, Whiteside, D. M., Rice, L., & Nichols, L. (2015, February) *Classification Accuracy of the Wisconsin Card Sorting Test (WCST) in Detecting Noncredible Cognitive Performance in Neuropsychological Outpatients*. Poster session presented at the International Neuropsychological Society (INS) conference, Denver, CO.
- **Wardin, L.**, Whiteside, D. M., & Hahn-Ketter, A. (2015, February) *Trail Making Test (TMT) as a Performance Validity Test (PVT) in Neuropsychological Outpatients*.

Poster session presented at the International Neuropsychological Society (INS) conference, Denver, CO.

- Franzwa, M., Whiteside, D. M., Kogan, J., **Wardin, L.**, & Phillips, D. (2014, June). *Boston Naming Test and Controlled Oral Word Association Test as Performance Validity Test in Psychiatric and Severe TBI Samples*. Poster session presented at the American Academy of Clinical Neuropsychology (AACN) conference, New York, NY.
- Luu, H., Whiteside, D. M., Kerce, V., Granite, L., **Wardin, L.**, & Carns, D. (2014, June). *Motor Functioning Tests as Embedded Performance Validity Measures in Females*. Poster session presented at the American Academy of Clinical Neuropsychology (AACN) conference, New York, NY.
- **Wardin, L.**, Whiteside, D., Kogan, J., Widmann, G., Luu, H., Rice, L., Roper, B., & Basso, M. (2014, February). *Digit span total raw score as an embedded performance validity test*. Poster session presented at the International Neuropsychological Society (INS) conference, Seattle, WA.
- Luu, H., Whiteside, D., Granite, L., **Wardin, L.**, Kerce, V., Rice, L., Roper, B., & Basso, M. (2014, February). *Motor functioning tests as embedded performance validity measure in males*. Poster session presented at the International Neuropsychological Society (INS) conference, Seattle, WA.
- **Wardin, L.**, Whiteside, D., Phillips, D., Franzwa, G., Kogan, J., Backus, A., & Luu, A. (2013, June). *Controlled Oral Word Association Test as an embedded symptom validity test*. Poster session presented at the American Academy of Clinical Neuropsychology (AACN) conference, Chicago, IL.
- Kogan, J., Whiteside, D., Franzwa, G., Phillips, D., **Wardin, L.**, Parikh, S., Vogler, M. (2013, June). *The Boston Naming Test as an embedded symptom validity measure*. Poster session presented at the American Academy of Clinical Neuropsychology (AACN) conference, Chicago, IL.
- **Wardin, L.**, Whiteside, D., Widmann, G., Granite, L., Ma, T., Kogan, J., & Basso, M. (2013, February). *Delayed recall trials of the California Verbal Learning Test II as embedded measures of effort*. Poster session presented at the International Neuropsychological Society (INS) conference, Waikoloa, HI.
- Hahn-Ketter, A., **Wardin, L.**, Kogan, J., & Whiteside, D. (2013, February). *Analysis of performance on test effort in dementia population*. Poster session presented at the International Neuropsychological Society (INS) conference, Waikoloa, HI.

- **Wardin, L.**, Whiteside, D., Widmann, G., Ma, T., & Granite, L. (2012). More Than Verbal Learning and Memory: An Embedded Effort Evaluation of the California Verbal Learning Test II (Abstract). *The Clinical Neuropsychologist*, 26, 438.
- **Wardin, L.**, Whiteside, D., Widmann, G., & Ma, T. (2012, June). *More than verbal learning and memory: An embedded effort evaluation of the California Verbal Learning Test II*. Poster session presented at the American Academy of Clinical Neuropsychology (AACN) conference, Seattle, WA.
- **Wardin, L.** (2010, June). *Community Health*. Poster session presented at the Adler School of Professional Psychology Community Service Practicum Fair, Chicago, IL.

### TEACHING EXPERIENCE

**Adler School of Professional Psychology, Chicago, IL** Fall 2013  
Teaching Assistant, Cognitive and Intellectual Assessment  
*Supervisor: Linda Laatsch, PhD*

- Co-taught class lectures on cognitive assessment, report writing, interviewing, and administration of cognitive measures.
- Assessed student's proficiency examinations on the WAIS-IV, WISC-IV, WRAT4, and WIAT-III.

**Adler School of Professional Psychology, Chicago, IL** Fall 2012 and Fall 2013  
Teaching Assistant, Pediatric Neuropsychological Assessment  
*Supervisor: Linda Laatsch, PhD*

- Prepared and organized class readings and pediatric neuropsychological tests for each class.
- Taught selected lectures on pediatric neuropsychology.
- Collaborated with students and developed with the professor effective teaching strategies for presenting the course material to ensure optimal learning.

**Adler School of Professional Psychology, Chicago, IL** Spring 2013  
Teaching Assistant, Biological Bases of Brain and Behavior  
*Supervisor: Linda Laatsch, PhD*

- Consulted with course professor regarding course pacing, readings, and construction of examinations.

- Graded student's examinations and provided study review sessions.

**Adler School of Professional Psychology, Chicago, IL** Fall 2011 and Spring 2012  
Teaching Assistant, Intermediate and Advanced Neuropsychological Assessment  
*Supervisor: Douglas Whiteside, PhD, ABPP-CN*

- Conducted weekly hour lab sessions with second and third year doctoral students.
- Taught and led discussions on aspects of neuropsychological assessment including assessment tools, administration, and interpretation of neuropsychological batteries.
- Created weekly PowerPoint presentations on neuropsychological case examples including presenting problem, background, interview data, testing data, results, diagnoses, and recommendations.
- Reviewed and provided feedback on neuropsychological reports written by students, and graded examinations.
- Met with students individually to assist with interpretation of assessment batteries, conceptualization of class cases, selecting research projects, and familiarizing students with the neuropsychological database at Adler.
- Held optional study sessions for midterm and final exam preparation.
- Consulted with the course instructor regarding effective ways to present course content to students.

### **LEADERSHIP EXPERIENCE**

**Adler School of Professional Psychology, Chicago, IL** September 2012–January 2013  
Student Representative for the PsyD Curriculum Committee  
*Supervisor: David Katz, PhD, ABPP-CN*

- Nominated by faculty for the student representative position for the Curriculum Committee for the clinical psychology doctoral program.
- Assisted in program development and determined mandatory core courses for future PsyD students.
- Met weekly with clinical PsyD program director and faculty to provide an ongoing evaluation and development of curriculum, and provided recommendations for updating core courses.
- Advocated for students' needs and concerns regarding proposals for new courses, policies, development and revision of course sequence, and curriculum innovations.
- Communicated changes in curriculum to the Adler School of Professional Psychology Student Government.

**PROFESSIONAL MEMBERSHIPS**

American Psychological Association (APA) Division 40  
American Academy of Clinical Neuropsychology (AACN)  
International Neuropsychological Society (INS)